

November 2023



Staff Years of Recognition Event

On August 30, 2023, we celebrated our staff's years of recognition. This year we celebrated:

5 Years: Shannon Coyne, Petra Zangerl-Van Veen, and Brittany Chmielewski

10 Years: Nick Lueders, Maureen Sauve, Mackenzie Fournier, and Donna Kurmis

15 Years: Shona Wallace, Faye Hamel, Mandy Hay, Lindsay Jamieson, Lesley Burke, Maureen Springer, Maggie Lebert, Amanda Heaslip, and Cathy Moriarity

20 Years: Ann Blimkie

35 Years: Nicole Riopelle

Congratulations to everyone!

LOCATIONS

326 Raglan St. S.
RENFREW ON K7V 1R5
Phone: 613-432-6763
Fax: 613-432-9465
106 McGonigal St. W.
ARNPRIOR ON K7S 1M4

SPECIAL POINTS OF INTEREST

- **Check page 2 for important dates**
- **Read all about the amazing trips, adventures and success stories**

2023 IMPORTANT DATES TO REMEMBER

Administration Offices — Statutory Holidays/Closed

Monday, December 25, 2023—Christmas Day

Tuesday, December 26, 2023—Boxing Day

Monday, January 1, 2024—New Year's Day

Monday, February 19, 2024—Family Day

Friday, March 29, 2024—Good Friday

Monday, April 1, 2024—Easter Monday

Gone, but not forgotten



This past year, we have lost some great people that we had the privilege of supporting.

We will miss you, Darlene, Dan, Teresa and Geraldine.

May your beautiful smiles live on forever.



OASIS Conference

Conferences have always been a significant avenue for professionals to gather, share insights, and expand their networks. In April, Laura, Ann and Tonya had the opportunity to attend the OASIS conference in Niagara Falls which left us not only enriched with valuable information around topics like Journey to Belonging, Employee Relations and Housing but also with new connections from other agencies as well as venders to assist us within our agency.



Our Annual General Meeting was held at the Days Inn Wyndham on June 27, 2023. Jennifer discussed the Purposes from June 20, 1975. The Strategic Planning Committee composed changes to the Purposes & By-laws and this was approved by the Board of Directors. We successfully assisted four individuals to be able to age in place with a new accessible home. This year, there was new leadership opportunities with two new CPI instructors. President, Don stated he was proud of the work from the Board in identifying new skill sets in regards to our new Board Members. This year, we also launched a new software program that will help staff and the organization be more efficient with technology for the future. Please join us at our next AGM on June 25, 2024. The location will be announced closer to the date.





Hi. My name is Stephanie Shipman. I like to do crafts and read books with children and I'm excited to become a volunteer at the Arnprior Family Preschool Resource Centre EarlyOn.

It is a drop in centre for families and caregivers. I have started volunteering there on Monday mornings.

Josie and Jason loving their time with Rusty and Leroy!



Jason had the opportunity to meet the Renfrew Mayor, Tom Sidney this Spring. He wanted to let the Mayor know that the sidewalks in Renfrew need to be more accessible and the town has been working extremely hard to have them repaired.

Mayor Sidney was more than happy to learn how to make Renfrew better and barrier free.

Great work Jason and Mayor Sidney!



Travis, Jesse and Andrew enjoyed the River Walk Hike in Almonte and a picnic lunch!

Waddles “n” Wags in Eganville
Alex is holding the baby alligator!



David and his family having a blast in Florida!



Every Thursday morning, we were offered free golf lessons.

It was a wonderful opportunity to try a new sport.

A huge Thank You to Dragonfly Golf Links and Bruce Rozycki for their support!



Lawn Bowling Team in Galetta!

The guys learned the art of Lawn Bowling

Great fun and exercise

Thank you Graham for your time, kindness and your expertise in the game of
Lawn Bowling!!

Summer Fun







We have lots of Elvis fans!
Always a good time.



The Connections Newsletter is published twice per year. Please fill out the 2023 MEMBERSHIP form to purchase a membership. This can be found on our website: clrcs.com or at either office locations.

If you require additional information about COMMUNITY LIVING RENFREW COUNTY SOUTH, please check our website: www.clrcs.com or contact us at 613-432-6763 or 613-623-4955 or send an email to commliving@clrcs.com. If you'd like to receive a copy of our Newsletter via email, please contact Jen Tabar at jtabar@clrcs.com or 613-432-6763 ext. 102.



Once a week, the guys get together at Ultimate Fitness in Arnprior to work out with other teammates and Coach Luke! If you'd like information on joining the program email: LUKE@UFGYMS.COM



Brockville Vacation

Connie, Isabel, Jennifer and Anita left for Brockville on June 21, 2023 and returned June 23, 2023.

Connie: My favorite part of the trip was the Boat Cruise. The crew members were very helpful

Isabel: My favorite part was sitting in the Big Red Chairs by the water with my friends. They were very Big. So Big!

Jennifer: My favorite part was the visit to the Brockville Aquarium. The Star Fish felt like sandpaper. There was lots of other things to see.

Anita: My favorite part was the Boat Cruise. It was my first cruise and I kept asking to go back again.

We also visited a Museum, Train Tunnel, road in a small train, saw a play at Upper Canada Play house and ate at great restaurants. It was a great holiday!



SAVE THE DATE!

So many exciting things are happening in 2024!! We are so excited to be celebrating our 60th Anniversary in 2024!!! Each month we will be celebrating something different.

We will be having a Gala on Friday, May 10, 2024 featuring The Riley New Band!

We are bringing back the Unity Run and it will be held at the Renfrew Armouries on Sunday, October 6, 2024.

Stay tuned to our Facebook page and our website for more information!



Adam, Michael and Peter enjoyed loads of fun feeding, petting, brushing and riding these beautiful but gentle horses. Thank you Cyrus and Boots!

M. Sullivan & Son Golf Tournament - 2023

A special Thank You to all who participated in the 23rd Annual M. Sullivan Charity Golf tournament. Thank you to M. Sullivan & Son Limited for supporting us to achieve another successful year for our Summer Program. With these fundraising dollars, we are able to support children and youth to attend summer camps in their communities that they may not otherwise be able to attend without support staff.

We raised over \$46,000 to support these programs .

Thank you to all the golfers, the Madawaska Golf Course, the Sponsors, the Volunteers but most importantly, M. Sullivan & Son Limited for continuing the tradition of supporting our Summer Program.

The winning team was the Optimist Club of Arnprior! See you again in 2024.



Best wishes on your retirement Maureen!
Thank you for your many years of dedication to
Community Living You will be missed by



SUMMER CAMP



Blueroom Virtual Reality
in Arnprior



This past summer camp was filled with a wide range of exciting activities and experiences. It was a great opportunity for everyone to learn new skills, make friends, and create lasting memories. Activities like crafts, games, cooking, outings and participating in other camps make for a well-rounded and enjoyable summer camp experience. Thanks to our camp staff; Mackenzie, Kennedy, Ashley and Charlie for making this great experience possible!

Community Living Ontario Conference 2023

Community Living Ontario Conference was held on Sept 27-29, 2023 in Ottawa. This year, we celebrated their 70th Anniversary. Jennifer, Tonya, Lesley, Noelle, Rob, Vicki, Greg and Jen spent 3 days networking with Community Living Organizations all over the province as well as self-advocates that were in attendance. They were able to participate in voting on motions that were put forward. The group attended full days of breakout sessions with various topics including; Journey to Belonging: How People & Families can prepare for a sector in transition. My Job Match—Building connections for an inclusive future. Community of Practice Live— Let's talk choice & belonging. Telling our stories, championing our inclusive values: WHY (It) Matters.



Margaret and Tom
enjoying the Sens
game!
Go Sens Go!



Come join us for a fun filled evening of wonderful music,
dancing and more!
We hope to see you all there!



When: Friday, December 1st from 7 pm to 11 pm
Where: A.F.A.C (RCAF) Wing, 164 Argyle St. N., Renfrew
Cost: \$5.00 and a non-perishable food item for the
Renfrew District Food Bank
Entertainment: Fifth Street

Tickets are available in advance at 326 Raglan St. S, and
106 McGonigal St., Arnprior or at the door
Everyone is welcome!

There will be door prizes and a light luncheon



MISSION STATEMENT

“working with others to improve the quality of life for people with developmental disabilities”

The Goal of Community Living

Renfrew County South is:

That all persons live in a state of dignity, share in all elements of living in the community and have the opportunity to participate effectively.

This goal envisions a community where all people are welcomed and supported without discrimination.

2023-2024 Board of Directors

- ♦ Don Di Salle - President
- ♦ Greg Belmore - Treasurer
- ♦ John Carkner
- ♦ Syd Gravel
- ♦ Mitch Desilets
- ♦ Robert MacLaren
- ♦ Maureen Campbell
- ♦ Leslie Ann Hook
- ♦ Sharon Eades

Committee Member

- ♦ Helen Deslaurier

Support Line—Day Hours:

613-432-7529

Support Line—After Hours:

613-433-2523

Management Team

- ♦ Jennifer Lavallee- Executive Director
- ♦ Jeff Gates - Manager of Supports and Services
- ♦ Tina MacLaren - Manager of Supports and Services
- ♦ Mandy Hay—Manager of Supports and Services
- ♦ Tonya Johnston—Manager of Supports and Services
- ♦ Lori Buchan—Manager of Supports and Services
 - ♦ Ann Blimkie - Financial Manager
 - ♦ Laura Pirie - Human Resources Manager
 - ♦ Jennifer Tabar - Administrative Assistant
 - ♦ Darleen Lewis - Accounting Clerk