

November 2019

Connections



Family & Friends Spring Dinner!

Our Family & Friends Spring Dinner on May 1st was a great success. A delicious dinner shared with everyone raised over \$360. Frank Campbell and friends played some of our favorite tunes. Thanks for joining us!!!



Last Day of Summer Camp!

What a great summer - we had a blast, made new friends, took lots of trips and loved the activities!!! On our last day we all wore our tie dyed shirts that we made and celebrated with an ice cream cake. See you next summer!!!!

LOCATIONS

326 Raglan St. S.

RENFREW ON K7V 1R5

Phone: 613-432-6763

Fax: 613-432-9465

106 McGonigal St. W.

ARNPRIOR ON K7S 1M4

Phone: 613-623-4955

Fax: 613-623-6176

email: commliving@clrcs.com

www.clrcs.com

SPECIAL POINTS OF INTEREST

- **Check page 2 for important dates**
- **Read all about it! Amazing trips, adventures and success stories!!**

2019-2020 IMPORTANT DATES TO REMEMBER

Events

Christmas Dance - December 6th - 7-11 p.m.

Employee Children's Christmas Party - Sunday December 15
Ma-te-Way Activity Centre, Renfrew - 1-3 p.m.

Administration Offices/Day Programs — Statutory Holidays/Closed

Wednesday, December 25th - Christmas Day

Thursday, December 26th - Boxing Day

Wednesday, January 1st - New Year's Day

Monday, February 17th - Family Day

Friday, April 10th - Good Friday

Monday, April 13th - Easter Monday



Hike for Hospice

Thank you to the Community Living team for joining The Hike For Hospice on May 5, 2019. It was a beautiful day for a hike and to raise money for a great cause. The Community Living Renfrew County South team raised over \$350 —
THANK YOU to EVERYONE who supported us!!!

Connie's (the princess) 70th Birthday Party

Connie celebrated a wonderful 70th birthday with family & friends at Rocky Mountain House. Thank you to everyone who attended and helped Connie celebrate this milestone and special thanks to Patti, Elaine and Helen for organizing such a great party to honour Connie. Pictured are Connie (the princess), her sister Patti and uncle Garry.



Congratulations to Winners of the Staff Draws!!!!

Easter Basket — Laura Pirie

May Long Weekend – Canadian Tire gift cards
Sandra Senack and Heather Peever



Canada Day cooler full of backyard BBQ — Judy Pierce

Renfrew Fair passes — Virginia Davidson and Susan McLaren

Thanksgiving Day gift card — Amanda Cunningham

♥ Jennifer gets some Belgian Love at the Shawville Fair!



Above: A Belgian gelding.

Jesse and Robert celebrate with CHAMP!!!

On August 16th Jesse and Robert enjoyed watching the Ottawa Champions win over the New Jersey Jackals, 6 to 3. A great time was had by all!!



Lookout Park !!

Our Tuesday Outdoor Adventure crew braved the climb to the top of the scenic Lookout Park near Beachburg. What a climb and what a view!! Paul and Jason were very interested in the dedication plaque.



Traces are Held by Pauline Deslaurier

by Helen Deslaurier

Pauline Deslaurier was involved in Karen Griesse's summer Miniature Horse Program. Once a week (six weeks) for an hour her chores were to brush, walk and lead her horse "Micro". Karen gave her students a free day celebration. Pauline got to sit in the two wheel horse cart for the very first time. She held the traces and sat up so straight.



Enjoying the views on the Ottawa River Pontoon Boat Ride!!!!

Thanks to Ron Ferguson of Irish Creek Outfitters for a wonderful pontoon boat tour of the Ottawa River by Castleford!! We couldn't have had a better day!!



SkiAbility



**Avgen Gift Cards
& 50/50 Draw
Due November 22, 2019**

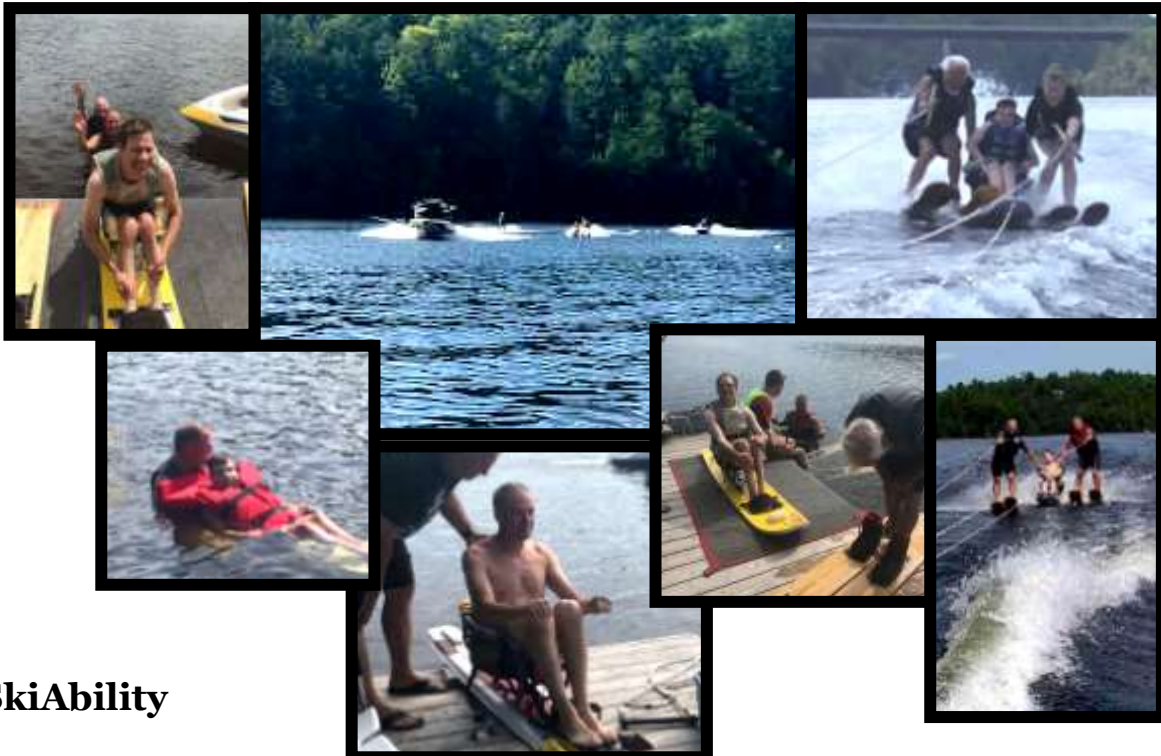


Gift Cards, Gift Cards. One stop shopping!! Have your shopping all wrapped up the first week in December.

Use as gift cards for others, or when you buy extra cards with regular household dollars you can live for free after Christmas.

Take a chance to win some \$\$ cash \$\$ with our **50/50 Draw** and support the purchase of a new chair for the program.

Please share with family, friends and neighbours. Tickets are available for sale or sign out and Avgen information is available at Renfrew or Arnprior Community Living Renfrew County South offices.



SkiAbility



Tom's 50th



Tom celebrates his half century with family, friends and his pup Jose!

The Connections Newsletter is published three times per year. Please fill out the form MEMBERSHIP 2020 to purchase a membership.

If you require additional information about COMMUNITY LIVING RENFREW COUNTY SOUTH please check our website: www.clrcs.com or contact us at 613-432-6763 or 613-623-4955 or send an email to commliving@clrcs.com. If you have any ideas or comments please direct them to Darleen Lewis at 613-432-6763 ext. 102.

Trip to Hugli's Blueberry Ranch!



The rain didn't stop this crew from picking their blueberries this morning!! Clare plans to bake a blueberry pie!! We had a picnic lunch and then stopped at Farmstead Cheesehouse and had some delicious gelato and Clare had a square!! Wonderful day!!

Wonderful Day with the Butterflies!

Alex, Jennifer and Christine had a great time with Liz checking out the Butterfly Exhibit at the Museum of Nature. We loved checking the butterflies out on each other!! Jennifer said "I'm in paradise with the butterflies!!"



50/50 WINNER!!!

Cathy Cuff pulled the winning 50/50 ticket for our Renfrew Fair Draw and the big winner was Darleen Lewis!!! Darleen won \$427 – Congratulations to Darleen!!!

Then Darleen made a very generous donation back to CLRC of \$215 – Thanks Darleen!!



Writing



Mines and Bunk House

by Sean O'Neill

One day in August, Miranda took Andrew, Alex, Eric and myself to the mines in Perth, ON at Murphys Point Provincial Park. We toured inside the bunk house in which they stayed; it was neat! The tour guide gave us a tour down in the mines. We learned the history about it and mica. Mica is "really cool"! We went to the visitor centre beside the store after we had ice cream and some of us touched a snake. I would definitely recommend this day trip to others!

Beach, Bonfire and Cards at the Lodge

by Rebekka Zimmerling

This summer I went on a trip to Pine Lodge for one week with my mom, Kathy and Joel. We did a lot of fun things when we were there; went to the beach and went swimming, we played cards, had a bonfire, and ate a lot of yummy food.

Horses and Planes at the Aviation Museum

By Janice Rozycki

I went to the stables and the Aviation Museum with Miranda and Linda. My favorite part was the stables, because I took lots of pictures of the horses. We ate lunch at the picnic tables outside of the stables. At the Aviation Museum there were lots of planes to look at. I recommend that my friends go to Ottawa Canada, our nation's capital.



PIC-COLLAGE

Ottawa Senators



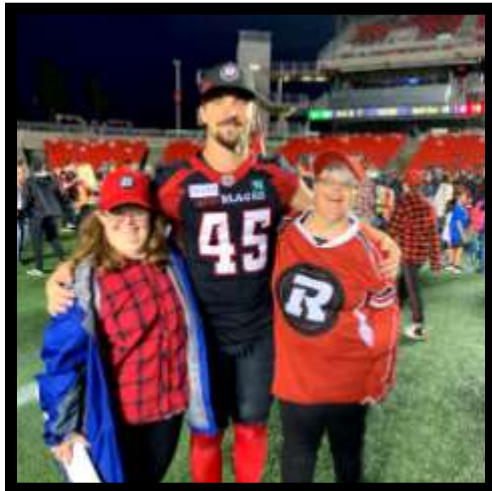
Road Trip—Shopping and Dining *by Rick McPhail*

Sept. 30th Dan, Eric and George were awake at 8:30 for our trip to the Smiths Falls Train Museum and Tweed Company tour. We had a personally guided tour of artifacts and trains; that included a tour through a well preserved dental car which was used through out Canada's remote communities for free dental care. The road trip continued through Smiths Falls reminiscing about the changing times. Tweed Company medicinal herb factory employs over 2,000. We had a guided tour complete with a video, sniffer samples, production facilities, factory floor and a stop at the gift shop. To finish, Almonte was another stop for a walk, bite and bubbly. All had fun and were quite satisfied with the day.



Redblacks *by Sean O'Neill*

On Sept. 21, Eric and Sean got tickets from Justin Howell, one of the players, to see the Redblacks. Even though they lost, it did not stop us from having fun, and meeting with “Big Joe”, the mascot, and the players who signed autographs. Sean, Tom and Eric; Rebekka and Christine.



The guys enjoying drumming lessons from Darius at Main Street Music!!



Always a good time joining the crew from Arnprior Seniors Home Support!!



Fun times jamming with friends at the Arnprior Seniors Active Living Centre!!!



**Window Display Winner Of "Put Your Breast
Foot Forward"**

by Jennifer Creeden

Thank you Sharon Little for all your creative energy in putting the window display together. We are happy and proud to participate.

RVH—Congratulations to Community Living, who was voted by the participants, to be the best downtown window display for "PUT YOUR BREAST FOOT FORWARD". The downtown merchants were fantastic, enthusiastic and supportive. All the windows were amazing. The participants voted and brought in \$5,500. for RVH mammography.



MISSION STATEMENT

“working with others to improve the quality of life for people with developmental disabilities”

The Goal of Community Living

Renfrew County South is:

That all persons live in a state of dignity,
share in all elements of living in the
community and have the opportunity
to participate effectively.

This goal envisions a
community where all
people are welcomed and supported
without discrimination.

2019-2020 Board of Directors

- ♦ Don Di Salle - President
- ♦ Cari Forteath - Vice President
- ♦ Greg Belmore - Treasurer
- ♦ John Cooke - Personnel
- ♦ Geoff Booth - Properties
- ♦ John Carkner
- ♦ Syd Gravel
- ♦ Janice Lee
- ♦ Esther Roberts
- ♦ Paul Vaillancourt

Committee Member

- ♦ Helen Deslaurier

Management Team

- ♦ Jennifer Creeden - Executive Director
- ♦ Kalyn Barr - Manager, Supported Group Living Renfrew
- ♦ Jeff Gates - Manager, Supported Group Living Arnprior
- ♦ Tina MacLaren - Manager, CAS Arnprior and Renfrew
- ♦ Lucy McCordick - Boisvenue - Manager, Family Support and Respite
- ♦ Debbie Trahan - Manager, Quality Improvement/Compliance
- ♦ Cyndi Wilson - Manager, Supported Independent Living and Outreach
- ♦ Ann Blimkie - Financial Administrator
- ♦ Laura Pirie - Human Resources Administrator
- ♦ Sharleen Van Woezik - Administrative Assistant
- ♦ Darleen Lewis - Accounting Clerk



Community Living Renfrew County South

Invites You To Our Annual
Community Dance



Friday, Dec. 6, 2019
7 p.m.-11 p.m.



Christmas Dance

A.F.A.C. (RCAF) Wing
164 Argyle St. S. Renfrew

Entertainment by: Fifth Street
Door prizes and a light luncheon
Free Admission Courtesy of
Community Donations

For more information contact: Ann or Debbie 613-432-6763

Tina 613-623-4955

or email: ablimkie@clrcs.com



We would love to see you
there!



MEMBERSHIP 2020

Why Become a Member of Community Living Renfrew County South?

Show your support for the valuable services and programs Community

Living Renfrew County South offers

A larger membership can impact funding opportunities

More members give us a more powerful voice

Have a say in our Association and vote at our Annual General Meeting

Help make a difference in the lives of people with developmental disabilities

Thank you for your support and consideration!

2020 MEMBERSHIP/DONATIONS

Please return to:

COMMUNITY LIVING RENFREW COUNTY SOUTH

P.O. BOX 683, 326 Raglan St. S. RENFREW ON K7V 4E7

Please make cheque payable to: Community Living Renfrew County South or CLRCS

Name: _____ Telephone #: _____

Address: _____

☐ I wish to purchase a new 2020 Annual Membership \$5.00

☐ I wish to renew my 2020 Annual Membership \$5.00

Annual Membership: open to any person who supports the purpose and objectives of the Association and who pays an annual membership fee, except persons employed by the Association. Full voting privileges.

☐ I wish to purchase a Life Membership \$100.00

Life Membership: open to any person who supports the purpose and objectives of the Association and who pays a life membership, shall be valid from the date of purchase and for all future membership years. Full voting privileges.

☐ I wish to purchase a 2020 Associate Membership \$5.00

Associate Membership: open to any person or organization that supports the purpose and objectives of the Association and pays an associate membership fee. NO voting privileges.

☐ I wish to make a Donation

Membership \$ _____ + Donation \$ _____ = Total \$ _____

NEWSLETTER: If you are receiving your newsletter by mail but prefer to receive notification by e-mail, please insert your e-mail address: _____

Thank you for supporting Community Living Renfrew County South.
Receipts for income tax purposes will be issued for donations and memberships
Charitable Registration # 10696 2889 RR0001